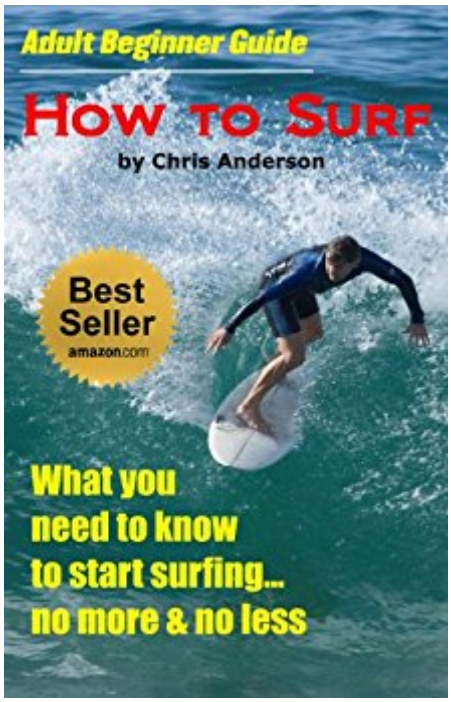
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Adult Beginner Guide | How To Surf



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Synopsis

Written by Chris Anderson, a Minnesotan who learned to surf as an adult himself, Adult Beginner Guide | How To Surf gives any adult exactly what you need to know to try surfing. Chris shares what he learned in surf classes, through trial and error and tips he picked up from other surfers. Chris is not a professional surfer but he does surf regularly.There are plenty of books and websites that share every minute detail about surfing but as a beginner itÃ¢â ¬â„¢s hard to know whatÃ¢â ¬â„¢s important to get started versus what youÃ¢â ¬â„¢ll need to know after youÃ¢â ¬â„¢re able to get up on your board. ThatÃ¢â ¬â„¢s why Chris wrote this book. Adult Beginner Guide | How To Surf cuts through the clutter and shares only the things you need to know to get started. The products you must have to begin to surf, information about the ocean you need to know to read the waves and stay safe, how to prepare yourself on land and what to do, step by step, once you hit the water. This book is not intended to teach you how to do tricks, how to surf competitively or how to become a pro surfer. There are no dreamy pictures about all the amazing surf spots around the world. It doesnÃ¢â ¬â„¢t suggest you need to spend a lot of money on a lot of products to enjoy surfing. Instead, Adult Beginner Guide | How To Surf will guide the average adult through the points you must know to teach yourself to begin surfing. This is the FIRST book you want to read if you are an adult who wants to know how to surf but it wonÃ¢â ¬â„¢t be the last surf book youÃ¢â ¬â„¢ll want to read. Once youÃ¢â ¬â„¢re up on your board and want to advance beyond the beginner stage, youÃ¢â ¬â„¢ll likely enjoy other books. One e-book IÃ¢â ¬â„¢d suggest next is Surfing Tips and Tricks: A guide to the realities of surfing for beginner and intermediate surfers, by Ben Bryant .

Book Information

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Customer Reviews

Some nice beginner points emphasized , easy fun read. Author sends the new guy straight out in the line up to catch green waves. I would think most would agree that inside soup is a more suitable starting point.

I went surfing for the first time today before reading this book, a lot of what I did wrong makes sence now.

Quick read with conscise information. Very valuable basics that are explained in easy terms. Nice book to keep as reference.

Drawings or pictures would have been very helpful. I had to compare the text to videos in YouTube. Well written in order to immerse the reader in surfing and soon the activity is no longer intimidating.

Getting back into surfing. Was a good read to surfing basics. I haven’t been surfing in years. This would help with basic surfing and reminder of things to do.

I didn’t see anything in the book beyond what one finds in online articles. I recommend the Illustrated Guide to Surfing instead.

Very good starting point

A very good book it contains vital data for those who want to learn how to surf

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